

# JUNGIAN ENCOUNTER WITH THE SACRED GROUND OF VEDAS

Sponsored by the C.G. Jung Foundation of New York  
and the Chicago C. G. Jung Institute

Guest Faculty – Ashok Bedi M.D., Jungian Psychoanalyst and  
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Join us on our 19<sup>th</sup> educational journey to India in February 2026, a Jungian passage to the dream like, archetypal landscape of India, including the splendid Ahilya Fort in Maheswar and the wildlife of Satpura National Park in Central India. When experiencing India through an analytic psychology lens, these locations will create a space for reflection, dialogue and integration of our experiences in India and transmute them to reveal what often gets lost in the western ethos, and can be found mirrored by the mystery and majesty of India's archetypes, folklores, customs and traditions

India is the ground of creation of Vedic scriptures and ancient gods including Indra, Varuna, Agni, Surya and Usha. **The Four Vedas**—*Rigveda*, *Samaveda*, *Yajurveda*, and *Atharvaveda*—form the spiritual bedrock of ancient Indian wisdom. Each Veda offers a unique lens into the sacred: the **Rigveda** venerates cosmic forces through hymns; the **Samaveda** channels these invocations into melodic chants for ritual; the **Yajurveda** provides precise formulas for sacrificial rites; and the **Atharvaveda** extends Vedic insight into daily life, healing, and philosophical reflection. Together, they weave a comprehensive vision of the divine, the cosmos, and human purpose.

Once part of the ancient Avanti kingdom, Madhya Pradesh bears the subtle yet enduring presence of Vedic culture. Sacred sites along the Narmada River—such as Ujjain and Omkareshwar—echo with hymns, rituals, and symbols that speak to both the outer cosmos and the inner world. This journey invites reflection on the deep archetypal currents linking place, myth, and psyche.

We will explore India and its timeless wisdom under the guidance of the quaternity of Ashok Bedi, M.D., Jungian analyst, Ami Bedi LPC NCC, psychotherapist, Usha Bedi retired chef and cultural guide, and Regine Oesch-Aiyer, head navigator.

**This journey includes 14 CEs relevant to the theme of our journey and may be tax-deductible for mental health professionals to the extent the law allows. For more information or to reserve your space please contact [regine@mindfuljourneys.com](mailto:regine@mindfuljourneys.com)**