



Moving Over Uncharted Ground: Aging as a Spiritual Practice

March 5-12, 2017

at Saint John's On The Lake

*"The Afternoon knows what the Morning
never suspected." —Robert Frost*

Susan H. McFadden, Ph.D.

University of Wisconsin-Oshkosh

Author: *Aging, Spirituality and Religion*

Ashok Bedi, M.D.

Jung Institute of Chicago; Medical College of Wisconsin

Author: *Path to the Soul: Awaken the Slumbering Goddess*

Demetrius Williams, Th.D.

University of Wisconsin-Milwaukee

Pastor, Community Baptist Church of Greater Milwaukee

Nan Merrick Phifer

Oregon Writing Project, University of Oregon;

Graduate Theological Union

Author: *Memoirs of the Soul: Writing Your Spiritual*

Autobiography

Aviva Katzman

Institute for Jewish Spirituality; Temple Shalom (Chicago)

David M. Wulff, Ph.D.

Wheaton College (MA)

Author: *Psychology of Religion: Classic and Contemporary;*

Faith Q-Sort

Rosemary Cox

Certified Sage-ing Leader - Education Coordinator

Sage-ing International, South Bend, IN

Steve McIntosh

President, Institute for Cultural Evolution

Author: *The Presence of the Infinite – The Spiritual*

Experience of Beauty, Truth and Goodness

Throughout this symposium you will:

- ◆ Deepen your understanding of aging and spirituality as expressed in traditions of faith, science, art, literature and community.
- ◆ Discuss the meanings and roles of spirituality and how they change your life as you age.
- ◆ Engage in individual and collective practices that foster spiritual growth and transformation.
- ◆ Explore revelatory personal experiences and invite introspection about your life and the lives of those with whom you live and work.
- ◆ Articulate a narrative for aging and spirituality that creates a communal legacy of support.

Register Early – Seating is Limited
For the daily schedule, CEHs and the
link to register, scroll to next page.

This symposium is presented through the partnership of:



CEHs are available for some sessions. See the on-line schedule for details.

A special thanks to Nancy and Dave Maguire for their generosity in underwriting this symposium.



Moving Over Uncharted Ground: Aging as a Spiritual Practice

March 5–12, 2017

Saint John's On The Lake

1840 North Prospect Avenue
Milwaukee, WI 53202

Click to Register:

<https://app.etapestry.com/onlineforms/SaintJohnsCommunities/symposiumreg.html>

Or call (414) 831-6905

Eight of the nation's most compelling thinkers interweave scientific findings with music, art and the stories of older adults to illuminate the spiritual depths of aging.

A total of 30 approved Continuing Education Hours (CEH) are being offered for social workers, therapists and marriage and family counselors.

Sunday, March 5

| | | |
|-----------|-------------------|---|
| 3:00 p.m. | Concert | Music of Regeneration and Catharsis—Bach and His Contemporaries <i>Trevor Stephenson, harpsichord; Kangwon Lee Kim, baroque violin; Anna Steinhoff, baroque cello; Chelsea Morris Shephard, soprano</i> |
| 5:00 p.m. | Evensong | <i>Join the Saint John's community for their weekly Episcopal service of Evensong.</i> |
| 6:30 p.m. | Welcome Reception | <i>Gather for a reception in the Saint John's Museum of Wisconsin Art Gallery as we begin our journey of learning and growth together.</i> |

Monday, March 6

| | | |
|-----------|--|--|
| 1:00 p.m. | Introduction to the Week's Morning Reflections and Practices | <ul style="list-style-type: none"> • Labyrinth: Walking the Sacred Path <i>Jana Troutman-Miller, Chaplain, Saint John's On The Lake</i> • Zen Sesshin <i>Reirin Gumbel, Resident Priest, Milwaukee Zen Center</i> • Faith Q-Sort: Examining Personal Perspectives on Faith and Belief <i>David Wulff, Professor of Psychology, Wheaton College, Norton, MA</i> • Weaving the Stories of Our Lives <i>SAIR Collaborative Art Experience</i> |
| 3:00 p.m. | Keynote Address 2 CEH | <p>Learning to Live with the Losses and Blessings of Old Age: Reflections on Spirituality and the Search for Late-Life Meaning Susan H. McFadden, Ph.D.</p> <p><i>Professor Emerita, Department of Psychology, University of Wisconsin—Oshkosh, Research Consultant, Fox Valley Memory Project</i></p> <p><i>Author: Aging, Spirituality and Religion; Aging Together; New Directions in the Study of Late Life Religiousness and Spirituality; Aging and the Meaning of Time</i></p> |
| 7:30 p.m. | Lecture 1.5 CEH | <p>The Timeless Wisdom of Aging Ashok Bedi, M.D.</p> <p><i>Jung Institute of Chicago, Medical College of Wisconsin</i></p> <p><i>Author: Path to the Soul; Awaken the Slumbering Goddess: the Latent Code of the Hindu Goddess Archetypes; and Find Your Soul Path</i></p> |

Tuesday, March 7

| | | |
|------------|-------------------------------|---|
| 9:00 a.m. | Morning Reflection & Practice | Zen Sesshin Labyrinth Walk Faith Q-Sort Weaving the Stories of Our Lives |
| 10:30 a.m. | Seminar 4.5 CEH | Engaging the Wisdom of Aging Ashok Bedi, M.D. |
| 12:00 p.m. | Lunch | <i>Please join us for lunch and table discussions about today's topic. Lunch is included in the cost of registration for non-residents.</i> |
| 2:00 p.m. | Seminar (continues) | Engaging the Wisdom of Aging Ashok Bedi, M.D. |
| 7:30 p.m. | Visions of Aging in Film | On Golden Pond Commentary and Discussion led by Resident Rita Rochte |

Wednesday, March 8

| | | |
|------------|-------------------------------|---|
| 9:00 a.m. | Morning Reflection & Practice | Zen Sesshin Labyrinth Faith Q-Sort Weaving the Stories of Our Lives |
| 12:00 p.m. | Lunch | <i>Please join us for lunch and table discussions about today's topic. Lunch is included in the cost of registration for non-residents.</i> |
| 1:30 p.m. | Lecture 1 CEH | Blessed Assurance: Spirituality in the African American Tradition Demetrius Williams, Th.D. <i>Associate Professor, Religious Studies, University of Wisconsin, Milwaukee, Pastor, Community Baptist Church of Greater Milwaukee</i> |
| 3:00 p.m. | Presentation 2 CEH | Write to Make Whole: Integrative Life Review Nan Merrick Phifer <i>Resident Scholar, Oregon Writing Project, University of Oregon, Eugene, Oregon. Author: Memoirs of the Soul: Writing Your Spiritual Autobiography</i> |
| 7:30 p.m. | Cultural Event | Stories from a Life <i>Danceworks Performance Company, Milwaukee, Wisconsin Daniel Burkholder, Assistant Professor, Dance University of Wisconsin Milwaukee, Guest choreographer</i> |

Thursday, March 9

| | | |
|------------|-------------------------------|--|
| 9:00 a.m. | Morning Reflection & Practice | Zen Sesshin Labyrinth Walk Faith Q-Sort Weaving the Stories of Our Lives |
| 10:30 a.m. | Seminar 3 CEH | Write to Make Whole: Integrative Life Review Nan Merrick Phifer |
| 12:00 p.m. | Lunch | <i>Please join us for lunch and table discussions about today's topic. Lunch is included in the cost of registration for non-residents.</i> |
| 1:30 p.m. | Lecture 3.5 CEH | Wise Aging: Living with Joy, Resilience and Spirit Aviva Katzman <i>Institute for Jewish Spirituality, New York, New York; Cantor Emerita, Temple Shalom, Chicago, Illinois</i> |
| 7:30 p.m. | Visions of Aging in Film | The Company of Strangers Commentary and Discussion led by Resident Rita Rochte |

Friday, March 10

| | | |
|------------|---|---|
| 9:00 a.m. | Morning Reflection & Practice | Zen Sesshin Labyrinth Walk Faith Q-Sort <i>Weaving the Stories of Our Lives</i> |
| 12:00 p.m. | Lunch | <i>Please join us for lunch and table discussions about today's topic. Lunch is included in the cost of registration for non-residents.</i> |
| 1:30 p.m. | Lecture 1 CEH (+1 CEH for those who complete a FQS) | Prototypes of Faith: What Are Their Implications? David Wulff, Ph.D. <i>Wheaton College, Norton, MA</i> <i>Author: Psychology of Religion: Classic and Contemporary (2nd edition; Wiley, 1997). Faith Q-Sort; Contemporary Foundations for the Psychology of Religion: A Critical Reappraisal (working title).</i> |
| 3:00 p.m. | Lecture 2 CEH | The Heart of Aging with Wisdom: An Introduction to the Legacy of Rabbi Zalman Schachter-Shalomi Rosemary Cox <i>Certified Sage-ing Leader – Education Coordinator</i> <i>Sage-ing International, Beech Grove, Indiana</i> |

Saturday, March 11

| | | |
|------------|----------------------|---|
| 9:30 a.m. | Seminar 7 CEH | Awakening the Sage Within Rosemary Cox |
| 12:00 p.m. | Lunch | <i>Please join us for lunch and table discussions about today's topic. Lunch is included in the cost of registration for non-residents.</i> |
| 12:45 p.m. | Seminar (continues) | Awakening the Sage Within Rosemary Cox |
| 7:30 p.m. | Concert | Mile of Ledges <i>Mark Hetzler, trombone; Anthony DiSanza, drums/percussion; Vincent Fuh, piano; Ben Ferris, bass; Tom Ross, percussion; Garrett Mendelow, percussion.</i> <i>School of Music, University of Wisconsin–Madison, Madison, Wisconsin</i> |

Sunday, March 12

| | | |
|-----------|--------------------------------|--|
| 3:30 p.m. | Closing Address 1.5 CEH | The Natural Spirituality of Goodness, Truth and Beauty—an Evolutionary Perspective Steven McIntosh <i>President, Institute for Cultural Evolution, Boulder, Colorado</i> <i>Author: The Presence of the Infinite—The Spiritual Experience of Beauty, Truth and Goodness</i> |
| 5:00 p.m. | Evensong | <i>Join the Saint John's community for their weekly Episcopal service of Evensong.</i> |
| 6:30 p.m. | Final Reception | <i>Gather for a reception in the Saint John's Museum of Wisconsin Art Gallery as we conclude our journey of learning and growth together.</i> |

Click to Register:

<https://app.etapestry.com/onlineforms/SaintJohnsCommunities/symposiumreg.html>

Or call (414) 831-6905