



Fall 2009

Series: Religious Nature of the Psyche:
Myth, Ritual, Symbol and Meaning

Hinduism:
Path to the Soul:

A Jungian rendering of the Hindu Path to Healing, Health
and Wholeness

Ashok Bedi, M.D.



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Friday, November 13; 7:30-9:30pm

By decoding incarnate symbols in our life, this lecture will integrate Hindu and Jungian perspectives to establish a path to the soul. These symbols manifest as dreams, fantasies, complexes, synchronistic events, accidents, relationship tangles, creative outputs, and medical and psychiatric symptoms. These symbols have the potential to renew and rekindle the vitality and purposefulness of our life. Specifically, we will explore the myth of the god Ganesha - an archetype for Removal of Obstacles and Auspicious New Beginnings.

Course Objectives:

- Describe the basic tenants of the Hindu path to the soul
- Describe the concepts of Maya, Karma and Dharma
- Identify the fundamentals of Yoga from an analytical perspective of Ganesha as an archetype of auspicious new beginnings

Ashok Bedi, M.D., is a Diplomat Jungian psychoanalyst and a board-certified psychiatrist. He is a clinical professor in psychiatry at the Medical College of Wisconsin in Milwaukee and a Training Analyst and a faculty member of the analyst training program at the C. G. Jung Institute of Chicago. He is the author of *Path to the Soul* (2000) and *Awaken the Slumbering Goddess: The Latent Code of the Hindu Goddess Archetypes* (2007).

Continuing Education: 14 hours CE, CN available for series, 2 for each lecture - MCEP:

Fee: Series: \$160 pre-registered;

Individual classes: \$25 pre-registered (recommended) - \$30 at door (if not sold out)

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