

# *The Fourth Dimension of Consciousness*

*To be presented at the Analytical Psychology Club of  
New York*

*Sunday Oct 12, 2008 from 10 to 12pm.*

*We all live in the three states of Consciousness: awake, asleep and dream state. These are readily distinguishable by neurophysiologic measurements like EEG and several brain imaging techniques. However, when we make a transition between these states, we are in a fourth state of consciousness. This is still a mystery to modern medical researchers as it was to the ancients. This fourth state of consciousness that the Hindus Vedic healers call Turiya, Jung coined as the Psychoid space, the Transcendental Meditation practitioners identify as the Flow and the New age proponents call the Gap continues to be a place of deep peril and high promise. This is the synapse of the body, psyche, Soul and the Spirit. Ashok Bedi will discuss the pitfalls and the potential of this fourth dimension of consciousness from an analytical perspective.*

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*Ashok Bedi is a Diplomat Jungian psychoanalyst and a board certified psychiatrist, a member of the Royal College of psychiatrists of Great Britain, a diplomat in Psychological Medicine at the Royal College of Physicians and Surgeons of England, a Distinguished Fellow of the American Psychiatric Association, Clinical Professor in Psychiatry at the Medical College of Wisconsin in Milwaukee, a faculty member at the Analyst Training Program at the Carl G. Jung Institute of Chicago and a Psychiatrist at the Aurora Psychiatric Hospital and the Aurora Health Care Network. He has been a psychiatric consultant to several agencies in Metro Milwaukee. Presently he is the consultant for the Sexual Assault treatment center at the Aurora Sinai Samaritan Hospital, The Residential Recovery Program at the Dewey Center at the Aurora Psychiatric Hospital and the Pastoral Counseling Service of Greater Milwaukee.*

*Trained in India, Great Britain and the US, he is interested in the emerging frontiers of Spirituality and Healing and the synapses of the Mind, Body, Soul and Spirit. He is author of the book, Path to the Soul, Weiser Books, 2000, Awaken the Slumbering Goddess: The Latent Code of the Hindu Goddess Archetypes, Booksurge Publishers, 2007 and the coauthor of Retire Your Family Karma, Nicholas-Hays, Inc. 2003, His activities can be previewed at his website [www.pathtothsoul.com](http://www.pathtothsoul.com)*

*Ashok Bedi has been in practice in Milwaukee for over thirty years and specializes in Adult Psychotherapy and Jungian Psychoanalysis. He regularly presents lectures and seminars in India, Great Britain, Ireland and USA on the topic of the Spiritual and analytic dimensions of treatment, healing and personal growth. Over the last several years, he has been the International Association of Analytical Psychologist's liaison person for developing Jungian training programs in India and travels annually to India to teach, train the consult with the Jungian Developing groups at several centers in India including Ahmedabad & Bangalore. He leads the annual "In the Footsteps of Carl Jung in India" study group to several centers in India under the auspices of the New York Jung Foundation.*

