



WISCONSIN ASSOCIATION ON ALCOHOL AND OTHER DRUG ABUSE

May 5, 6, and 7, 2008

Sheraton Hotel – Madison, Wisconsin

42nd annual
WAAODA Spring Conference



Many Roads to Recovery: New Knowledge, New Hope

CONFERENCE AT A GLANCE

Monday–May 5

7:30–8:30 a.m.	Registration and Breakfast
8:00 a.m.–6:00 p.m.	Exhibits Open
8:00–9:30 a.m.	Welcome and Plenary Session
10:00 a.m.–12:00 p.m.	Workshops
12:00–1:00 p.m.	Lunch Provided
1:00–2:50 p.m.	Workshops
2:50–3:00 p.m.	Break
3:00–5:00 p.m.	Workshops
5:30–7:30 p.m.	SCAODA Forum

Tuesday–May 6

7:00–8:00 a.m.	Registration and Breakfast
8:00 a.m.–6:00 p.m.	Exhibits Open
8:00–10:00 a.m.	Workshops
10:00 a.m.–12:00 p.m.	Workshops
12:00–1:00 p.m.	Lunch Provided
1:00–2:50 p.m.	Workshops
2:50–3:00 p.m.	Break
3:00–5:00 p.m.	Workshops
6:00–8:00 p.m.	Sixth Annual Diversity Evening and Dinner

Wednesday–May 7

7:00–8:00 a.m.	Registration and Breakfast
8:00 a.m.–3:00 p.m.	Exhibits Open
8:00–10:00 a.m.	Workshops
10:00 a.m.–12:00 p.m.	Workshops
12:00–1:00 p.m.	Lunch Provided
1:00–3:00 p.m.	Workshops

CONFERENCE GOALS

- Convene top state and national experts to present recent research for continuing professional education in the field of addictions
- Create an AODA educational forum for state and local policy makers
- Create a strong, culturally competent platform to integrate substance abuse, mental health, public health, and other disciplines
- Demonstrate effective evidence-based methods to apply research to practice
- Build stronger support systems for recovery
- Explore alternative treatment modalities, including spirituality
- Advocate for AODA professionals and consumers
- Build communities to sustain AODA prevention, treatment, recovery, and advocacy

WHO SHOULD ATTEND?

- AODA counselors
- Addiction medicine specialists
- Mental health professionals
- Faith-based and community workers
- Primary care physicians and nurses
- Social workers
- Recovery advocates
- Insurance professionals
- Education professionals
- Public health personnel
- Police and probation officers
- Correctional facilities staff
- State and local elected officials
- Emergency personnel

ACCOMMODATIONS

Take advantage of Conference lodging at the Sheraton Hotel at 706 John Nolen Drive, Madison, WI. The cutoff date for the block rate of \$75 for a single and \$92 for a double is April 15, 2008. Please contact the Sheraton Hotel at 608-251-2300 and mention the WAAODA Conference block of rooms.



“We believe that prevention, treatment and recovery work.”

*Welcome to the
42nd annual WAAODA Spring Conference!*

Dear WAAODA Conference Participants,

I would like to introduce myself as the newly appointed Executive Director of WAAODA. I began my career at WAAODA two years ago as a Statewide Coordinator and then became the Agency Coordinator. I am very excited to continue working in the field of addictions as the Executive Director of WAAODA. This field has so many passionate and dedicated professionals and I feel very blessed to be a part of it in our fight for the treatment, recovery, and advocacy of those in need.

This year the Conference Theme is “Many Roads to Recovery: New Knowledge, New Hope.” It is our intention to bring new concepts and research to the trainings, which will allow each participant to better help those who suffer from addiction and substance abuse. Recovery is an attainable goal—it is possible and lives can be changed for the better.

As you look through the Conference brochure, you will see some changes to the format. We have received a number of excellent ideas from past conference participants. Our main goals of the WAAODA Conference are professional education and meeting the needs of the participants. With that in mind, we have restructured the schedule to reflect those needs. The plenary session on Monday will now be an hour and a half long. Many participants have mentioned they would rather have more workshops and a shorter plenary session. The workshops themselves will be two hours in length, allowing for more workshops covering a variety of different topics. There will be no plenary session on Wednesday, allowing participants to attend a greater number of workshops. We hope you are pleased with the changes that have been made this year. I would appreciate your writing on the conference evaluation form any ideas and thoughts you may have for future improvements to the Conference. We are looking to best meet your needs.

It is with great pleasure that I welcome you to the WAAODA Conference. We look forward to your participation in the 2008 Conference!

Sincerely,

Kate Nesheim
Executive Director
WAAODA, Inc.

CONFERENCE SCHEDULE

Monday, May 5

PLENARY SESSION: 8:00–9:30 a.m.

Welcome and Introductions

Welcome by Kate Nesheim (WAAODA, Inc., Madison, WI)

Introductions by Charlie Doram (WAAODA Conference Chair, Madison, WI)

“The Adolescent Brain and Spirituality (not religion); Companions on the Road to Recovery” by Michael T. Witkovsky, MD, MA (Division of Mental Health and Substance Abuse Services, Madison, WI)

“The Third Dimension of Recovery: Dry, Sober, and Spiritual” by Ashok Bedi, MD (Aurora Psychiatric Hospital, Wauwatosa, WI)

“Advocating for Parity in Wisconsin” by Senator Lena Taylor – Invited (Milwaukee, WI)

WORKSHOPS: 10:00 a.m.–12:00 p.m.

1. “Improving Treatment Outcomes by Addressing Tobacco” Part I by David “Mac” Macmaster, CSAC, PTTS (Creative Representation, Wisconsin Dells, WI)

This workshop addresses evidence-based effective treatment of nicotine dependence. The workshop makes the case for change, offers a Wisconsin integrated model to study, and provides nicotine dependence treatment training by one of the nation’s leading tobacco research and intervention agencies.

2. “Management Institute: Leveraging Your Managing for the Results You Need” Part I by Jim Burgin, M.Div, MAC (Jim Burgin Associates, Clarkesville, GA)

(Must attend Parts I–III) Great managers use levers that exert enormous influence for exceptional results. Levers multiply the effect of effort and move a team forward. Participants build skill using four key levers: leadership, accountability, alignment, and self management. Limited to 40 participants.

3. “Motivational Interviewing” Part I by Kate Speck, PhD, MAC, LADC (University of Nebraska Public Policy Center, Lincoln, NE)

(Must attend Parts I–VII) This workshop addresses fundamental concepts of Motivational Interviewing including discussion of the atmosphere of change and critical conditions necessary for change to occur. Participants enhance their skills through peer coding skills and development of individual change plans for clients. This is an interactive training where skill-based activities improve the learning and application skills of participants. Limited to 30 participants.

4. “Cultural Context in Substance Abuse Counseling” Part I by Charlene Benford, CSAC, ICS (Madison, WI)

(Must attend Part II) Understanding the cultural implications presented by clients in treatment is crucial for accurate assessment and the treatment planning process. This workshop explores how cultural context defines our personal reality and how the application of this knowledge can enhance a client-centered approach in substance abuse counseling.

5. “Introduction to Ethics and Boundaries” by Michael D. Vann, CSAC (Ozaukee County Department of Human Services, Port Washington, WI)

This workshop provides counselors and other professionals in the substance abuse treatment field with an opportunity to discuss and develop an in-depth understanding of the Department of Regulations and Licensing Code of Conduct.

6. “Bad Medicine—How Substances of Abuse Affect Health” by Sylvia Dennison, MD (Aspirus Health Systems, Antigo, WI)

Practitioners in the addictions field are aware that substances of abuse have an adverse affect on the body and mind, but many don’t know why or

how physical illnesses affect substance use. This workshop reviews the actions of a variety of substances of abuse, then looks at common physical illnesses and how the two interact.

7. “Alcohol Report Card: Are We Doing Enough?” by Richard L. Brown, MD, MPH (Capitol Neighborhoods, Inc, Madison, WI), John Scherpelz, MS (Capitol Neighborhoods, Inc, Madison, WI) and Capt. Mary Schauf, MSED (Madison Police Department, Madison, WI)

This workshop provides information on implementing a neighborhood report card to promote NIAAA-recommended strategies in collaboration with the State of Wisconsin, University, and City Police Department to reduce downtown drunkenness and related crime and violence.

8. “The Wounded Healer” by Ashok Bedi, MD (Aurora Psychiatric Hospital, Wauwatosa, WI)

Studies have indicated that health care professionals have a high incidence of turbulent childhoods. Our wounds are our gifts. They propel our Healing mission and therapeutic passion. In this workshop participants will explore the myth of Asclepius—the patron god of healers—how it informs their work, and therapeutic management of addiction treatment.

LUNCH PROVIDED 12:00–1:00 P.M.

WORKSHOPS: 1:00–2:50 p.m.

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13. “Recovery Management: An Emerging Model” Part I by Bob Carty, LCSW, CADC, CCJP (PCTC, Skokie, IL)

Recovery Management is a new approach that emphasizes extended support and community resources to assist people in initiating and maintaining recovery from addiction. This approach recognizes the importance of helping

individuals to remove barriers that may block their ongoing recovery. In this workshop participants examine how this model has been applied in various parts of the USA and how it can be applied in Wisconsin.

14. "SMART Recovery—What Every AODA Professional Should Know" by Henry Steinberger, PhD (*Alternative Recovery Options, Madison, WI*) While many AODA professionals say "one size does not fit all" few can name the science-based program that does not require belief in a Higher Power who intercedes and removes "character defects." SMART Recovery leaves those beliefs up to the individual and offers anyone seeking abstinence from harmful substances and behaviors a secular Four Point program aimed at abstinence, which draws on the proven principles of Motivational Enhancement and Rational Emotive Behavior Therapy and empowers people to take control of their recovery.

15. "The Scarlet Letter 'F' for Felon" Part I by Martin A. Potter (*Moraine Park Technical College, Fond du Lac, WI*) (Must attend Parts I–II) Participants receive a presentation on both the obstacles and consequences of a felony conviction. The "catch 22" of "Re-Entry" programs is dissected. Reality Therapy, Rational Emotive Therapy, Brief Solution Focused Therapy, and Cognitive Intervention approaches are discussed.

16. "SAMHSA's Strategic Prevention Framework: A Planning Process for Prevention" by Tracy Johnson (*CSAP's Central Center for the Application of Prevention Technologies, Mounds View, MN*) In this workshop participants gain knowledge and understanding of SAMHSA's prevention planning process and its importance to communities. Information on Strategic Prevention Framework is provided.

BREAK 2:50–3:00 P.M.

WORKSHOPS: 3:00–5:00 p.m.

17. "Improving Treatment Outcomes by Addressing Tobacco" Part III by David "Mac" Macmaster, CSAC, PTTS (*Creative Representation, Wisconsin Dells, WI*) This workshop addresses evidence-based effective treatment of nicotine dependence. The workshop makes the case for change, offers a Wisconsin integrated model to study, and provides nicotine dependence treatment training by one of the nation's leading tobacco research and intervention agencies.

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individuals to remove barriers that may block their ongoing recovery. In this workshop participants examine how this model has been applied in various parts of the USA and how it can be applied in Wisconsin.

21. "Ethical Dilemmas" by Michael D. Vann, CSAC (*Ozaukee County Department of Human Services, Port Washington, WI*) This workshop provides MSWs, CSACs, and other professionals who have at least five years experience in the substance abuse treatment field a chance to explore the National Association of Alcoholism and Drug Abuse (NAADAC) Code of Ethics. Participants will utilize their knowledge and skills to address scenarios that present ethical dilemmas.

22. "The Mentally Ill and Substance Abuse" by Sylvia Dennison, MD (*Aspirus Health Systems, Antigo, WI*) This workshop gives a review of mental illnesses, such as depression, anxiety disorders, bipolar disorders, and schizophrenia. The affect of substances of abuse on these mental illnesses, affect of mental illness on substance abuse, and treating mental illness in substance abusers will also be discussed.

23. "The Scarlet Letter 'F' for Felon" Part II by Martin A. Potter (*Moraine Park Technical College, Fond du Lac, WI*) (Must attend Parts I–II) Participants receive a presentation on both the obstacles and consequences of a felony conviction. The "catch 22" of "Re-Entry" programs is dissected. Reality Therapy, Rational Emotive Therapy, Brief Solution Focused Therapy, and Cognitive Intervention approaches are discussed.

24. "Advocacy for AODA" by Gary Goyke (*Wisconsin Association on Alcohol and Other Drug Abuse, Madison, WI*) This workshop gives an update on the political process in Wisconsin. It also gives knowledge of the "political players" and discusses tackling important political issues.

SCAODA FORUM 5:30–7:30 P.M.

Tuesday, May 6

WORKSHOPS: 8:00–10:00 a.m.

25. "Emotional Intelligence and Taking It Lightly" Part I by Patricia Clason (*Center for Creative Learning, Madison, WI*) (Must attend Parts I–IV) Emotion management is a key factor in recovery because addictions often mask emotional baggage. In this workshop, in addition to learning key tools from emotional intelligence that you can use with your clients, we tell you how this weekend intensive is a valuable adjunct to the therapy and recovery process.

26. "Clinical Supervision—The Art and Practice" Part I by Jim Burgin, M.Div, MAC (*Jim Burgin Associates, Clarksville, GA*) (Must attend Parts I–VI) This workshop prepares clinical supervisors (or those who aspire to supervise) to use the best practices for an advanced level of competence. They prepare to equip counselors to handle complex clinical challenges, ethical dilemmas, and cultural competency.

27. "Working with the Really Challenging Clients" Part I by Stephen Andrew, LCSW, LADC (*Health, Education Training Institute, Portland, ME*) (Must attend Parts I–III) This workshop is most effective with the issues of creating self-efficacy in the very challenging client. The workshop addresses issues most service providers are struggling with: resistance, lack of motivation, and/or means of promoting change.

28. **“Drugs Change the Way the Brain Works!” Part I** by Joel Frank, MA (Milwaukee Area Technical College, Milwaukee, WI)
This workshop is based on the NIDA training series, “The Brain: Understanding Neurobiology Through the Study of Addiction.” Beginning with an overview of neurons, brain chemistry, and neurotransmitters, this workshop focuses on the ways in which drug use impacts neurotransmission.

29. **“Effective Evidence-Based Treatment for Adolescents with Co-Occurring Disorders”** by Frederick Dyer, PhD, CADC (Dyer Trains, Chicago, IL)
Co-occurring disorders among adolescents are often missed and not immediately detected; consequently, many are at a loss as to how to proceed with treatment/approaches. This workshop enables participants to understand and work more effectively with adolescents with co-occurring disorders.

30. **“Working with Lesbian/Gay/Bisexual/Transgender Clients”** by Marty Perry, MS, LPC (PRIDE Institute, Eden Prairie, MN)
Lesbian/Gay/Bisexual/Transgender (LGBT) clients seek out substance abuse treatment professionals for the same presenting problems as do their non-gay counterparts. This workshop examines the experience of being LGBT and its impact on the effectiveness of these services. “Best practice” suggestions will be offered to increase the effectiveness of working with this population.

31. **“Motivational Interviewing” Part IV** by Kate Speck, PhD, MAC, LADC (University of Nebraska Public Policy Center, Lincoln, NE)
(Must attend Parts I–VII) This workshop addresses fundamental concepts of Motivational Interviewing including discussion of the atmosphere of change and critical conditions necessary for change to occur. Participants enhance their skills through peer coding skills and development of individual change plans for clients. This is an interactive training where skill-based activities improve the learning and application skills of participants. Limited to 30 participants.

32. **“Multiple Dimensions of Women’s Treatment—Considerations for Improving Outcomes”** by Sue Gadacz (Wisconsin Department of Health & Family Services, Madison, WI), Francine Feinberg, PsyD (Meta House, Milwaukee, WI) and Flo Hilliard (Wisconsin Women’s Educations Network on Addiction, Recovery, and Prevention, Madison, WI)
This workshop explores the emerging science of gender differences, discusses the best models for treating women, and examines a family centered approach for helping women achieve and maintain recovery.

WORKSHOPS: 10:00 a.m.–12:00 p.m.

33. **“Emotional Intelligence and Taking It Lightly” Part II** by Patricia Clason (Center for Creative Learning, Madison, WI)
(Must attend Part I) Learn from others’ experience as Taking It Lightly graduates who are also in recovery share with you the impact that increased emotional intelligence has on their recovery process. You will be able to ask questions of the panel and of therapists who use Taking It Lightly as a supplement to the therapy and recovery process.

34. **“Clinical Supervision—The Art and Practice” Part II** by Jim Burgin, M.Div, MAC (Jim Burgin Associates, Clarksville, GA)
(Must attend Parts I–VI) This workshop prepares clinical supervisors (or those who aspire to supervise) to use the best practices for an advanced level of competence. They prepare to equip counselors to handle complex clinical challenges, ethical dilemmas, and cultural competency.

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37. **“Supervision: Supervisors-in-Training, Counselors, Interns”** by Kathleen Roblee, PhD, Jean Lemanski, Andi McLaren, Jolie VerVoort, and Edie Bohlen-Riemer (Mooring, Inc, Appleton, WI)
This workshop is for individuals who are currently supervising, training to be supervisors, or thinking about becoming a supervisor. The workshop is based on the integrated supervision model that is being utilized at an agency whose emphasis is teamwork and “servant” leadership.

38. **“Advances in Adolescent AODA Assessment and Treatment”** by Scott Caldwell, MA CSAC, CPS (Project Fresh Light, Madison, WI)
There is a “renaissance” of science-based treatment models and practices for the treatment of adolescent AODA. Yet a significant research-practice gap remains. This workshop identifies elements of effective adolescent treatment programs and the emerging best practices in screening, assessment, treatment engagement, and effective treatment modalities with teens.

39. **“Promoting Awareness of Motivational Incentives (PAMI)”** by Anne Helene Skinstad, PhD (Prairielands Addiction Technology Transfer Center, Iowa City, IA) and Candace Peters, MA, CADC (Prairielands Addiction Technology Transfer Center, Iowa City, IA)
Research shows that client motivation for positive behavioral change can be influenced by the use of tangible incentives. This workshop is designed to build awareness of the use of Motivational Incentives as a science-based therapeutic strategy within the addiction treatment field.

40. **“Motivational Interviewing” Part V** by Kate Speck, PhD, MAC, LADC (University of Nebraska Public Policy Center, Lincoln, NE)
(Must attend Parts I–VII) This workshop addresses fundamental concepts of Motivational Interviewing including discussion of the atmosphere of change and critical conditions necessary for change to occur. Participants enhance their skills through peer coding skills and development of individual change plans for clients. This is an interactive training where skill-based activities improve the learning and application skills of participants. Limited to 30 participants.

LUNCH PROVIDED 12:00–1:00 P.M.

WORKSHOPS: 1:00–2:50 p.m.

41. **“Emotional Intelligence and Taking It Lightly” Part III** by Patricia Clason (Center for Creative Learning, Madison, WI)
(Must attend Parts I–IV) Having explored the background of this workshop, you now have an opportunity to participate and observe the core of the work in action. We deliver the didactics that lay out the basic philosophy of the course—lectures you can use with your clients that easily and clearly explain personal responsibility and the importance of full, free, and safe expression of emotions. Several participants will have an opportunity to do a “process” to release a life decision that is no longer working for them.

42. **“Clinical Supervision—The Art and Practice” Part III** by Jim Burgin, M.Div, MAC (Jim Burgin Associates, Clarksville, GA)
(Must attend Parts I–VI) This workshop prepares clinical supervisors (or those who aspire to supervise) to use the best practices for an advanced level of competence. They prepare to equip counselors to handle complex clinical challenges, ethical dilemmas, and cultural competency.

43. **“Working with the Really Challenging Clients” Part III** by Stephen Andrew, LCSW, LADC (Health, Education Training, Portland, ME) (Must attend Parts I–III) This workshop is most effective with the issues of creating self-efficacy in the very challenging client. The workshop addresses issues most service providers are struggling with: resistance, lack of motivation, and/or means of promoting change.

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45. **“Recovery Support Services: Key Elements in Recovery Management” Part I** by Bob Carty, LCSW, CADC, CCJP (PCTC, Skokie, IL) (Must attend Parts I–II) The emerging Recovery Management model places a strong emphasis on extended contact with people who are trying to establish ongoing recovery. Due to the numerous barriers that may impair the progress of people in recovery, it is essential for non-clinical services to be available beyond the addictions treatment experience. In this workshop, we examine recovery support services, including what they are, who provides them, how they can be funded, and how they differ from clinical services.

46. **“Identifying Co-Occurring Conditions Among Adolescent Populations”** by Norman Hoffmann, PhD (Evince Clinical Assessments, Waynesville, NC) This workshop draws upon findings from the PADDI, a structured clinical interview, on over 1,000 adolescents showing similar patterns of disorders among both treatment and juvenile justice populations. The implications of the findings in terms of appropriate clinical management, program design, and recovery strategies are explored.

47. **“Promoting Awareness of Motivational Incentives (PAMI)”** by Anne Helene Skinstad, PhD (Prairielands Addiction Technology Transfer Center, Iowa City, IA) and Candace Peters, MA, CADC (Prairielands Addiction Technology Transfer Center, Iowa City, IA) (Repeated workshop) Research shows that client motivation for positive behavioral change can be influenced by the use of tangible incentives. This workshop is designed to build awareness of the use of Motivational Incentives as a science-based therapeutic strategy within the addiction treatment field.

48. **“Motivational Interviewing” Part VI** by Kate Speck, PhD, MAC, LADC (University of Nebraska Public Policy Center, Lincoln, NE) (Must attend Parts I–VII) This workshop addresses fundamental concepts of Motivational Interviewing including discussion of the atmosphere of change and critical conditions necessary for change to occur. Participants enhance their skills through peer coding skills and development of individual change plans for clients. This is an interactive training where skill-based activities improve the learning and application skills of participants. Limited to 30 participants.

BREAK 2:50–3:00 P.M.

WORKSHOPS: 3:00–5:00 p.m.

49. **“Emotional Intelligence and Taking It Lightly” Part IV** by Patricia Clason (Center for Creative Learning, Madison, WI) (Must attend Parts I–IV) Having explored the background of this workshop, participants are able to participate and observe the core of the work in action. We deliver the didactics that lay out the basic philosophy of the course—lectures you can use with your clients that easily and clearly explain personal responsibility and the importance of full, free, and safe expression of emotions. Several participants will have an opportunity to do a “process” to release a life decision that is no longer working for them.

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52. **“Stigma, Race, Mental Illnesses/Substance Use Disorders, and the Media”** by William Greer, MS (Mental Health Center of Dane County, Madison, WI), Earlise Ward, PhD (University of Wisconsin, Madison, WI), Doug Erickson (Wisconsin State Journal, Madison, WI), Rebecca Cohen, MS (Wisconsin Department of Health and Family Services), Tequila Nash, BA (Nehemiah CDC, Madison, WI), and Corinda Rainy-Moore This workshop focuses on stigma barriers impacting race, media, persons with mental illnesses/substance use disorders, and treatment providers. A panel explores the barriers of stigma faced by persons of color and how providers and the media can respond with increased understanding and effectiveness.

53. **“Identifying Co-Occurring Conditions in Adult Populations”** by Norman Hoffmann, PhD (Evince Clinical Assessments, Waynesville, NC) Participants gain an understanding of differential prevalence rates for mental health and substance use disorders in populations ranging from chronic pain clinic patients to prison inmates. Assessment principles enable addiction professionals to collect relevant mental health information and to make focused and sophisticated referral decisions.

54. **“Developing Resiliency in Children Exposed to Alcohol and Drugs in Their Homes and Communities”** by Frederick Dyer, PhD, CADC (Dyer Trains, Chicago, IL) Many children and adolescents have been exposed on a daily basis to the stresses of alcohol and drugs in their homes and communities. Without help many of them are vulnerable to developing drug abuse, delinquency, and violence. This workshop gives participants the tools needed to help build resilience in children and adolescents at risk.

55. **“Motivational Interviewing” Part VII** by Kate Speck, PhD, MAC, LADC (University of Nebraska Public Policy Center, Lincoln, NE) (Must attend Parts I–VII) This workshop addresses fundamental concepts of Motivational Interviewing including discussion of the atmosphere of change and critical conditions necessary for change to occur. Participants enhance their skills through peer coding skills and development of individual change plans for clients. This is an interactive training where skill-based activities improve the learning and application skills of participants. Limited to 30 participants.

SIXTH ANNUAL DIVERSITY EVENING: 6:00–8:00 P.M.

WAAODA's Diversity Evening opens doors for Wisconsin's many races and cultures to bring their healing arts to bear on the trauma of substance abuse and addiction, while helping all reenergize for restructuring AODA service delivery in Wisconsin. This celebration of Wisconsin diversity in music, dance, and advocacy awards reinforces the need to keep all social service doors open, supporting community-based AODA treatment and recovery. Dinner will be provided.

WORKSHOPS: 8:00–10:00 a.m.

56. **“Crossing the River—Intervention with Resistant Teens” Part I** by Steve Sawyer, MSW, LCSW (*Dynamic Interventions, Germantown, WI*)

(Must attend Parts I–II) This workshop is designed to increase adult’s understanding of resistant behaviors in the adolescent stage of development. “Crossing the River” supports individuals working with resistance, which creates a structure for their intervention by breaking the process down into six manageable variables. Participants learn 10 specific skills to intervene more efficiently and effectively.

57. **“Clinical Supervision—The Art and Practice” Part IV** by Jim Burgin, M.Div, MAC (*Jim Burgin Associates, Clarksville, GA*)

(Must attend Parts I–VI) This workshop prepares clinical supervisors (or those who aspire to supervise) to use the best practices for an advanced level of competence. They prepare to equip counselors to handle complex clinical challenges, ethical dilemmas, and cultural competency.

58. **“MIA Step—Advanced Practice Clinical Supervision” Part I** by Kate Speck, PhD, LADC (*University of Nebraska Public Policy Center*)

(Must attend Parts I–III) MIA STEP (Motivational Interviewing Assessment Supervisory Tools for Enhancing Proficiency) increases the likelihood of the client retention and encourages facilitation of behavior change. This workshop provides a model that can be used for improving counseling and supervision skills beyond MI Assessment. This is an advanced workshop for clinical supervisors. Limited to 25 participants.

59. **“Substance Abuse Is Not Dependence: Why Words Matter”** by Norman Hoffmann, PhD (*Evince Clinical Assessments, Waynesville, NC*)

Data from more than 7,000 adults and 1,000 adolescents provide evidence that substance dependence is distinct from substance abuse as defined by the DSM-IV-TR. The clinical findings are considered in light of recent genetic and biological evidence for individual differences in the response to psychoactive substances. Implications for policy discussions, individualized treatment plans, and treatment approaches are considered.

60. **“Treatment of Co-Occurring Disorders: Clinical Issues in the Treatment of Clients with a Diagnosis of Personality Disorder” Part I** by Michele Packard, PhD (*Sage Training and Consulting, Boulder, CO*)

(Must attend Parts I–III) Participants are provided with six easy criteria to use in determining whether the client has Personality Disorder traits. This workshop shows how to avoid the most common pitfalls in working with these clients and will provide a three-step cognitive behavioral treatment approach to treatment planning.

61. **“Older Adults and Addictions”** by John Holzer, Jr., MSED, Psy, LCSW (*Rogers Memorial Hospital, West Allis, WI*)

Older adults are not immune to addictions. Younger people with existing addictions do not “grow out of it” as they become older adults. Addictions can become a life threatening process at any age. Older adults with addictions face some unique risks and challenges.

62. **“Women, Family, and Domestic Violence”** by Susan Sigl, MS, LPC, CSAC, ICS (*Social Development Commission, Milwaukee, WI*)

The workshop explores patterns of addiction and cycles of violent behavior, roles of family and individual, and treatment regarding chronic anger issues complicated by substance abuse concerns. Legal ramifications and the impact on the next generation are also discussed.

63. **“Traumatic Brain Injury, Alcohol, and Drug Abuse: Causes, Correlations, and Challenges”** by Donald L. Mickey, PhD (*Counseling Resources/Neuropsychological Associates, LLC, Madison, WI*)

This workshop reviews the correlation of alcohol abuse with traumatic brain injury and how this sets up long-term challenges for support services. It reviews some of the structural affects of both TBI and ETOH on the brain and how that may affect learning, behavior changes, and supports.

WORKSHOPS: 10:00 a.m.–12:00 p.m.

64. **“Crossing the River—Intervention with Resistant Teens” Part II** by Steve Sawyer, MSW, LCSW (*Dynamic Interventions, Germantown, WI*)

(Must attend Parts I–II) This workshop is designed to increase adult’s understanding of resistant behaviors in the adolescent stage of development. “Crossing the River” supports individuals working with resistance, which creates a structure for their intervention by breaking the process down into six manageable variables. Participants learn 10 specific skills to intervene more efficiently and effectively.

65. **“Clinical Supervision—The Art and Practice” Part V** by Jim Burgin, M.Div, MAC (*Jim Burgin Associates, Clarksville, GA*)

(Must attend Parts I–VI) This workshop prepares clinical supervisors (or those who aspire to supervise) to use the best practices for an advanced level of competence. They prepare to equip counselors to handle complex clinical challenges, ethical dilemmas, and cultural competency.

66. **“MIA Step—Advanced Practice Clinical Supervision” Part II** by Kate Speck, PhD, LADC (*University of Nebraska Public Policy Center*)

(Must attend Parts I–III) MIA STEP (Motivational Interviewing Assessment Supervisory Tools for Enhancing Proficiency) increases the likelihood of the client retention and encourages facilitation of behavior change. This workshop provides a model that can be used for improving counseling and supervision skills beyond MI Assessment. This is an advanced workshop for clinical supervisors. Limited to 25 participants.

67. **“Treatment of Co-Occurring Disorders: Clinical Issues in the Treatment of Clients with a Diagnosis of Personality Disorder” Part II** by Michele Packard, PhD (*Sage Training and Consulting, Boulder, CO*)

(Must attend Parts I–III) Participants are provided with six easy criteria to use in determining whether the client has Personality Disorder traits. This workshop shows how to avoid the most common pitfalls in working with these clients and will provide a three-step cognitive behavioral treatment approach to treatment planning.

68. **“Treating the Hip Hop Generation”** by Michael D. Vann, CSAC (*Ozaukee County Department of Human Services, Port Washington, WI*)

This workshop identifies and examines the substance abuse and mental health needs that are unique to “the hip hop generation.”

69. **“Addressing Adolescent Substance Abuse Through Cultural Competency”** by Frederick Dyer, PhD, CADC (*Dyer Trains, Chicago, IL*)

Despite the progress that has been made in developing effective interventions for substance-abusing youth, much remains to be done in order to ensure that all affected adolescents receive and benefit from these services. To date very little is known about cultural factors related to treatment success and failure among adolescent substance abusers, and therapeutic interventions and processes that might be used to counteract existing health disparities.



WISCONSIN ASSOCIATION ON ALCOHOL AND OTHER DRUG ABUSE

May 5, 6, and 7, 2008

Sheraton Hotel – Madison, Wisconsin

42nd annual WAAODA Spring Conference

Many Roads to Recovery: New Knowledge, New Hope

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PURCHASES/FEES

THREE-DAY ATTENDANCE

- \$400 Individual WAAODA Membership
- \$425 Non-Member

15% GROUP DISCOUNT (5 OR MORE)

Organization or Group Payee Name:

- \$340 per Person Member
- \$360 per Person Non-Member

ONE- OR TWO-DAY ATTENDANCE

- \$200 One-Day, Day Attending: Mon Tues Wed
- \$300 Two-Day, Days Attending: Mon Tues Wed

RETIREE/STUDENT: ONE-DAY *ONLY* ATTENDANCE

- \$150 Retired, Day Attending: Mon Tues Wed
 - \$150 Student, Day Attending: Mon Tues Wed
- Copy of Student ID Required, Attached?* Yes No

EXHIBITOR

- \$450 Includes Registration for One

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- \$25 WAAODA Individual Membership

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**Thank you for participating in the
2008 WAAODA Conference!**

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WORKSHOP PREFERENCES (25.5 CEUs TOTAL)

Monday, May 5

WORKSHOPS 10:00 A.M.–12:00 P.M.

- 1. “Improving Treatment Outcomes by Addressing Tobacco” Part I
- 2. “Management Institute: Leveraging Your Managing for the Results You Need” Part I, Limited to 40 Participants
- 3. “Motivational Interviewing” Part I, Limited to 30 Participants
- 4. “Cultural Context in Substance Abuse Counseling” Part I
- 5. “Introduction to Ethics and Boundaries”
- 6. “Bad Medicine—How Substances of Abuse Affect Health”
- 7. “Alcohol Report Card: Are We Doing Enough?”
- 8. “The Wounded Healer”

WORKSHOPS 1:00–2:50 P.M.

- 9. “Improving Treatment Outcomes by Addressing Tobacco” Part II
- 10. “Management Institute: Leveraging Your Managing for the Results You Need” Part II, Limited to 40 Participants
- 11. “Motivational Interviewing” Part II, Limited to 30 Participants
- 12. “Cultural Context in Substance Abuse Counseling” Part II
- 13. “Recovery Management: An Emerging Model” Part I
- 14. “SMART Recovery—What Every AODA Professional Should Know”
- 15. “The Scarlet Letter ‘F’ for Felon” Part I
- 16. “SAMHSA’s Strategic Prevention Framework: A Planning Process for Prevention”

WORKSHOPS 3:00–5:00 P.M.

- 17. “Improving Treatment Outcomes by Addressing Tobacco” Part III
- 18. “Management Institute: Leveraging Your Managing for the Results You Need” Part III, Limited to 40 Participants
- 19. “Motivational Interviewing” Part III, Limited to 30 Participants
- 20. “Recovery Management: An Emerging Model” Part II
- 21. “Ethical Dilemmas”
- 22. “The Mentally Ill and Substance Abuse”
- 23. “The Scarlet Letter ‘F’ for Felon” Part II
- 24. “Advocacy for AODA”
- SCAODA Forum 5:30–7:30 p.m.

Tuesday, May 6

WORKSHOPS 8:00–10:00 A.M.

- 25. “Emotional Intelligence and Taking It Lightly” Part I
- 26. “Clinical Supervision—The Art and Practice” Part I
- 27. “Working with the *Really* Challenging Clients” Part I
- 28. “Drugs Change the Way the Brain Works!” Part I
- 29. “Effective Evidence-Based Treatment for Adolescents with Co-Occurring Disorders”
- 30. “Working with Lesbian/Gay/Bisexual/Transgender Clients”
- 31. “Motivational Interviewing” Part IV, Limited to 30 Participants
- 32. “Multiple Dimensions of Women’s Treatment—Considerations for Improving Outcomes”

WORKSHOPS 10:00 A.M.–12:00 P.M.

- 33. “Emotional Intelligence and Taking It Lightly” Part II
- 34. “Clinical Supervision—The Art and Practice” Part II
- 35. “Working with the *Really* Challenging Clients” Part II
- 36. “Drugs Change the Way the Brain Works!” Part II
- 37. “Supervision: Supervisors-in-Training, Counselors, Interns”
- 38. “Advances in Adolescent AODA Assessment and Treatment”
- 39. “Promoting Awareness of Motivational Incentives (PAMI)”
- 40. “Motivational Interviewing” Part V, Limited to 30 Participants

WORKSHOPS 1:00–2:50 P.M.

- 41. “Emotional Intelligence and Taking It Lightly” Part III
- 42. “Clinical Supervision—The Art and Practice” Part III
- 43. “Working with the *Really* Challenging Clients” Part III

- 44. “Drugs Change the Way the Brain Works!” Part III
- 45. “Recovery Support Services: Key Elements in Recovery Management” Part I
- 46. “Identifying Co-Occurring Conditions Among Adolescent Populations”
- 47. “Promoting Awareness of Motivational Incentives (PAMI)” Repeated Workshop
- 48. “Motivational Interviewing” Part VI, Limited to 30 Participants

WORKSHOPS 3:00–5:00 P.M.

- 49. “Emotional Intelligence and Taking It Lightly” Part IV
- 50. “Drugs Change the Way the Brain Works!” Part IV
- 51. “Recovery Support Services: Key Elements in Recovery Management” Part II
- 52. “Stigma, Race, Mental Illnesses/Substance Use Disorders, and the Media”
- 53. “Identifying Co-Occurring Conditions in Adult Populations”
- 54. “Developing Resiliency in Children Exposed to Alcohol and Drugs in Their Homes and Communities”
- 55. “Motivational Interviewing” Part VII, Limited to 30 Participants
- Diversity Evening 6:00–8:00 p.m.

Wednesday, May 7

WORKSHOPS 8:00–10:00 A.M.

- 56. “Crossing the River—Intervention with Resistant Teens” Part I
- 57. “Clinical Supervision—The Art and Practice” Part IV
- 58. * “MIA Step—Advanced Practice Clinical Supervision” Part I, Limited to 25 Participants
- 59. “Substance Abuse Is Not Dependence: Why Words Matter”
- 60. “Treatment of Co-Occurring Disorders: Clinical Issues in the Treatment of Clients with a Diagnosis of Personality Disorder” Part I
- 61. “Older Adults and Addictions”
- 62. “Women, Family, and Domestic Violence”
- 63. “Traumatic Brain Injury, Alcohol, and Drug Abuse: Causes, Correlations, and Challenges”

WORKSHOPS 10:00 A.M.–12:00 P.M.

- 64. “Crossing the River—Intervention with Resistant Teens” Part II
- 65. “Clinical Supervision—The Art and Practice” Part V
- 66. * “MIA Step—Advanced Practice Clinical Supervision” Part II, Limited to 25 Participants
- 67. “Treatment of Co-Occurring Disorders: Clinical Issues in the Treatment of Clients with a Diagnosis of Personality Disorder” Part II
- 68. “Treating the Hip Hop Generation”
- 69. “Addressing Adolescent Substance Abuse Through Cultural Competency”
- 70. “Relapse Prevention”
- 71. “Integrating Evidence-Based Tobacco Dependence Treatment with AODA and Mental Health Services: A WinTip Listening Session”

WORKSHOPS 1:00–3:00 P.M.

- 72. “Clinical Supervision—The Art and Practice” Part VI
- 73. * “MIA Step—Advanced Practice Clinical Supervision” Part III, Limited to 25 Participants
- 74. “Treatment of Co-Occurring Disorders: Clinical Issues in the Treatment of Clients with a Diagnosis of Personality Disorder” Part III
- 75. “Motivational Enhancement Therapy as Applied to AODA”
- 76. “Aging and Addiction”
- 77. “Adolescent Girls with Co-Morbidity of Substance Abuse, Depression, and Post Traumatic Stress Disorder”
- 78. “Your Calling Has Been Disconnected: Chronic Stress, Burnout, and Compassion Fatigue for the Professional”
- 79. “HFS 75 & DRL Question and Answer”

* requires prior training or knowledge

Please choose your 2008 WAAODA Spring Conference workshop preferences by marking the appropriate boxes. Please note that most workshops are entry level/general interest; however, workshops shown with an asterisk (*) require prior training or knowledge. You will be allowed to alter your choices or workshops during the Conference, but by indicating your preferences now, we can plan for appropriate room size. Workshops with a limited amount of participants will be first-come, first served to those who sign up in advance. Doors will close when workshops are full. Thank you for your assistance.

70. **“Relapse Prevention”** by *Serena Wadhwa, PsyD, LCPC, CADC (TriQual Living Center, Chicago, IL)*

Participants leave this workshop with the knowledge of the relapse process and skill to help clients manage triggers, thoughts, urges, and cravings. Myths of relapse are also explored and components of a relapse prevention plan are reviewed.

71. **“Integrating Evidence-Based Tobacco Dependence Treatment with AODA and Mental Health Services: A WiNTip Listening Session”** by *David “Mac” Macmaster, CSAC, PTTS (WiNTip, Wisconsin Dells, WI), Eric Heiligenstein, MD (University Health Services, Madison, WI), and Randall L. Glysch (Bureau of Community Health Promotion, Madison, WI)*

This workshop describes WiNTip, the planning process by the state Tobacco Prevention and Treatment Program to address how to integrate the treatment of tobacco dependence into the treatment of AODA and mental illness.

LUNCH PROVIDED 12:00–1:00 P.M.

WORKSHOPS: 1:00–3:00 p.m.

72. **“Clinical Supervision—The Art and Practice” Part VI** by *Jim Burgin, M.Div, MAC (Jim Burgin Associates, Clarksville, GA)*

(Must attend Parts I–VI) This workshop prepares clinical supervisors (or those who aspire to supervise) to use the best practices for an advanced level of competence. They prepare to equip counselors to handle complex clinical challenges, ethical dilemmas, and cultural competency.

73. **“MIA Step—Advanced Practice Clinical Supervision” Part III** by *Kate Speck, PhD, LADC (University of Nebraska Public Policy Center)*

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74. **“Treatment of Co-Occurring Disorders: Clinical Issues in the Treatment of Clients with a Diagnosis of Personality Disorder” Part III** by *Michele Packard, PhD (Sage Training and Consulting, Boulder, CO)*

(Must attend Parts I–III) Participants are provided with six easy criteria to use in determining whether the client has Personality Disorder traits. This workshop shows how to avoid the most common pitfalls in working with these clients and will provide a three-step cognitive behavioral treatment approach to treatment planning.

75. **“Motivational Enhancement Therapy as Applied to AODA”** by *Henry Steinberger, PhD (Alternative Recovery Options, Madison, WI)*

In this workshop Motivational Interviewing is introduced. It gives a summary of Motivational Interviewing’s principles (DEARS), and basic techniques and potential roadblocks.

76. **“Aging and Addiction”** by *Susan Sigl, MS, LPC, CSAC, ICS (Social Development Commission, Milwaukee, WI)*

This workshop explores how addiction and relapse plays out over the lifespan. It includes a discussion of addiction and the elderly, impact of various dementia factors, such as Alzheimer’s Disease and stroke, and working with families in crisis.

77. **“Adolescent Girls with Co-Morbidity of Substance Abuse, Depression, and Post Traumatic Stress Disorder”** by *Frederick Dyer, PhD, CADC (Dyer Trains, Chicago, IL)*

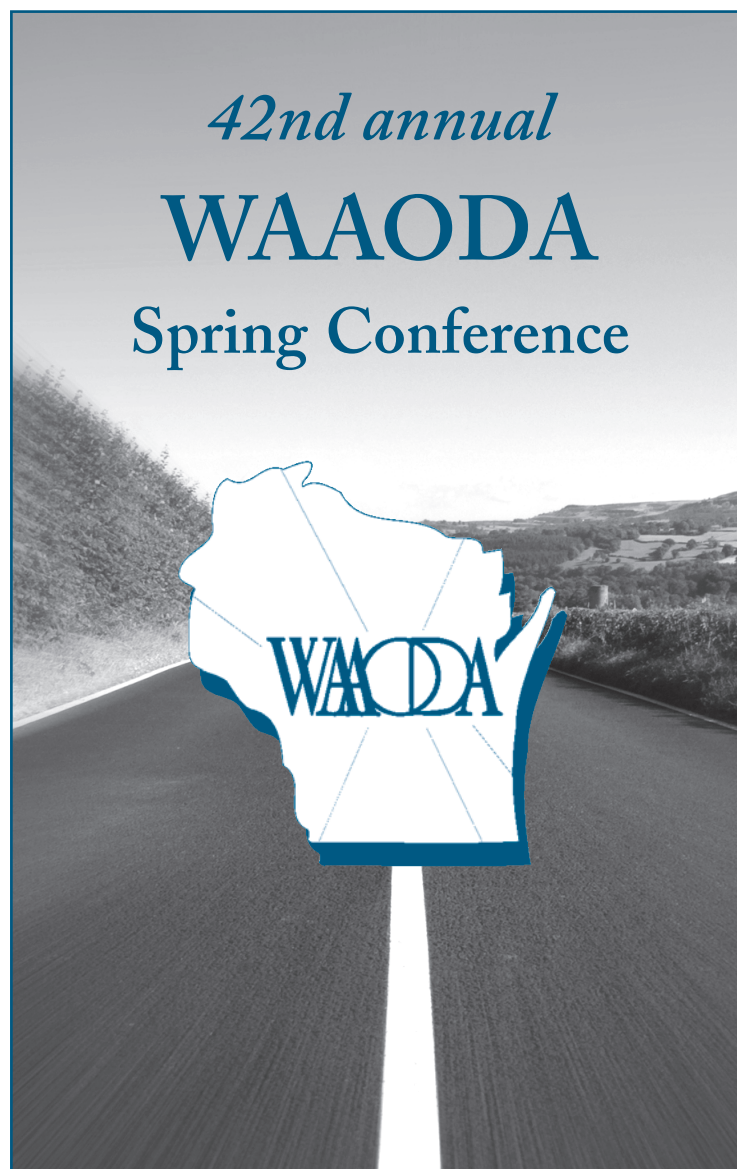
More and more professionals are encountering and working with adolescent girls who present with co-morbid disorders along with their substance abuse disorders. There are several issues that need to be considered and addressed to ensure that adolescent girls with co-morbid disorders will increase their ability to become successful adolescents and adults.

78. **“Your Calling Has Been Disconnected: Chronic Stress, Burnout, and Compassion Fatigue for the Professional”** by *Serena Wadhwa, PsyD, LCPC, CADC (TriQual Living Center, Chicago, IL)*

Participants leave this workshop with the tools that will enable them to identify and work through stress, burnout, and compassion fatigue to be more effective in their professional lives. Participants have the opportunity to examine where they are at in terms of optimizing stress and learn 10 strategies to implement to help better optimize stress.

79. **“HFS 75 & DRL Question and Answer”** by *Lorie Goeser (Division of Mental Health and Substance Abuse Services, Madison, WI)*

This workshop outlines the supervision requirements from HFS 75 and the Department of Regulation & Licensing Rules 160–168 regarding Substance Abuse Clinicians. Questions and answer section for participants regarding HFS 75 and DRL statutes.





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