

THE NEW YORK CENTER FOR JUNGIAN STUDIES  
PRESENTS:

14<sup>TH</sup> ANNUAL

# On The Hudson **Jung** SEMINAR SERIES

Rhinebeck, New York  
2007

## **Week 1**

**July 22-27, 2007**

**“Being Courageous:  
The Hero Within”**

## **Week 2**

**July 29-August 3, 2007**

**“Type vs. Archetype:  
Conflict or Confluence?”**

**Special Weekend Workshop  
on Psychological Types  
Saturday July 28 & Sunday July 29, 2007**

*Details inside...*

# Welcome!

The New York Center for Jungian Studies is proud to present its fourteenth annual Jung on the Hudson Summer Seminars—a series that offers an opportunity for participants to meet and exchange ideas with others who come from diverse backgrounds, yet all having a common interest in the psychology and ideas of C.G. Jung. Open to individuals from all fields, as well as mental health professionals, these seminars are designed to meet the needs of those interested in exploring the relevance of Jung's ideas to their personal lives and/or professional activities.

These unique seminars combine presentations with smaller workshops—some experiential—as well as provide ample time for discussion, dialogue and interaction with our outstanding faculty. We invite you to join us in the historic Hudson Valley where an idyllic setting will provide you with the opportunity to immerse yourself in the psychology and ideas of Carl Jung!

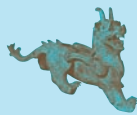


**Aryeh Maidenbaum, Ph.D.**



**Diana Rubin, C.S.W.**

DIRECTORS, NEW YORK CENTER FOR JUNGIAN STUDIES



## **“Psychological Type and the Myers-Briggs Type Indicator”**

WITH  
**RUTH BELTRAN, M.S.**

**An Intensive Weekend Workshop**  
**Saturday July 28 & Sunday July 29, 2007**

A *special* weekend workshop, designed to introduce or refresh participants to the Jungian functions as expressed through the Myers-Briggs Type model. This lively workshop uses instruction, discussion, brainstorming, and group and individual activities to help participants understand and differentiate among the varied functions, including Sensing/Intuition, Thinking/Feeling, Extroversion/Introversion, and Judging/Perceiving, to determine their “best fit” type. Participants will also have the opportunity to take a self-scoring “Type Test” and get to know more about their own typological preferences. (*Ten C.E. credits available. Limited to twenty participants*).

## **Week 1: July 22-27, 2007**

### **“Being Courageous: The Hero Within”**

#### **“Being Courageous: The Hero Within”**

**CAROL S. PEARSON, PH.D.**

What story are you living? If someone followed you with a camera, what kind of movie would they make? What would you do if you were really bold or lived in harmony with your authentic desires? In her presentation, Dr. Pearson will describe a variety of archetypal stories that require different kinds of courage and challenges. Additionally, in smaller group workshops, she will walk us through the process of exploring the universal stories we currently live, and help us identify ones that might be beckoning.

CAROL S. PEARSON, PH.D., is Director of the James MacGregor Burns Academy of Leadership and a Professor of Leadership Studies in the School of Public Policy at the University of Maryland College Park. Dr. Pearson's work applies Jungian principles to everyday life and work. Among her numerous publications are *The Hero Within: Six Archetypes We Live By*; *Awakening the Heroes Within: Twelve Archetypes that Help Us Find Ourselves and Transform Our World*, and *The Hero and the Outlaw: Building Extraordinary Brands Through the Power of Archetypes*.

#### **“Agelessness: The Very Soul of Beauty”**

**GILDA FRANTZ, M.A.**

Deep suffering can constellate the question, “Why me?” Once we ask that question, our quest for meaning begins. This quest has to do with aging as well as an expression of our spiritual and creative instincts. Combining presentation and workshop, we will learn what is essential and necessary to the “third half of life,” and how to achieve this as we discuss examples from lives of so-called ordinary people, and explore the need for meaning in our lives...and becoming ageless.

GILDA FRANTZ, M.A., is a Jungian analyst living and practicing in Santa Monica, California. She has been president of the C.G. Jung Institute in Los Angeles, and taught and served on many of its boards. Gilda has lectured in the United States, Asia and Europe, is on the board of the Philemon Foundation, and is co-editor-in-chief of the highly respected journal “Psychological Perspectives,” of which she was a founding editor.

## **“The Courage to Embrace Our Inferior Function”**

**ANN ULANOV, PH.D.**

Each of us contains all the aspects of “personality type”—i.e. thinking, feeling, intuition, sensation and introversion or extraversion. For each of us, some functions are used more than others, but the “inferior” function (the least used) really is inferior. It may be a source of transformation, but we don’t know how. We encounter it, but don’t understand it. It is as if opening the door and a rhino confronts us, or, for some, coming upon a mathematician in the basement talking in numbers. We will circle round this lively beast in lecture and discussion and see what happens!

ANN BELFORD ULANOV, PH.D., Professor of Psychiatry and Religion at Union Theological Seminary, is a Jungian analyst in private practice. She is the author of numerous books and articles, including *Spiritual Aspects of Clinical Work*; *The Functioning Transcendent*; and *The Wisdom of the Psyche*. Additionally, together with her late husband Barry Ulanov, she co-authored many books and articles, including *Transforming Sexuality: The Archetypal World of Anima and Animus*. Her most recent book: *The Unshuttered Heart: Opening to Aliveness and Deadness in the Self*, is scheduled for publication in October, 2007.

## **“The Hero’s Journey in Second Half of Life—An Eastern Perspective”**

**ASHOK BEDI, M.D.**

The Hero is a familiar archetype for the Western Psyche and builds on the supposition that the soul guides the Hero’s journey towards maturation and individuation in the second half of life while helping further one’s individual destiny. Alternatively, Dr. Bedi will explore the Eastern perspective for this maturation process as it unfolds in the lives of men and women along parallel but different paths. Case examples will be presented as illustrations.

ASHOK BEDI, M.D. is a Distinguished Fellow of the American Psychiatric Association, Clinical Professor in Psychiatry at the Medical College of Wisconsin, and faculty member at the Jung Institute of Chicago. Trained in India, Great Britain and the U.S., he is interested in the emerging frontiers of Spirituality and Healing. Some of his many publications include “Accidents and Synchronicity: Messages From the Soul”; *Path to the Soul*, and *Retire Your Family Karma*.

## **Additional Workshops**

WITH  
**JEANNE BRESCIANNI, PH.D.**

*Director, Isadora Duncan International Institute, and  
dance theater interpreter of myth and story*

WEEK 1: “Choreographies in Courage: Our Natural Inheritance”

WEEK 2: “A Template for the Types”

JEANNE BRESCIANNI, PH.D., is Artistic Director of the Isadora Duncan International Institute, presently in celebration of its 30th year. A former Kress and Fulbright Scholar, Dr. Bresciani directs training programs in Myth and Movement and serves as Chair of the Committee for the Reinstatement of Delphic games—an international forum for the convergence of myth and the arts.

## **Week 2:**

**July 29 - August 3, 2007**

## **Type vs. Archetype: Conflict or Confluence?**

### **“The Role of Archetypes in the Theory of Psychological Types”**

**JOHN BEEBE, M.D.**

Type theory teaches that the different “functions of consciousness” arrange themselves in different positions within our personality. Dr. Beebe has created a model in which each function position is associated with an archetype that governs it. Recognizing how typology expresses itself archetypally makes it easier for us to become conscious of our impact on others—as well as theirs upon us. Combining workshop and presentation, Dr. Beebe will illustrate how we use our psychological type in communications and interactions.

JOHN BEEBE, M.D. is a Jungian analyst who has pioneered an understanding of “psychological type.” Past president of the C.G. Jung Institute of San Francisco, and Founding Editor of the San Francisco Library Journal, Dr. Beebe has authored, edited and co-authored numerous books and articles, including “Psychological Types in Transference, Countertransference and the Therapeutic Interaction,” and “Understanding Consciousness Through the Theory of Psychological Type”—an eight-function, eight-archetype model of type theory—in *Analytical Psychology*, Cambray and Carter, eds.

### **“Typology and the Trickster: The Hunger for Wholeness”**

**ALLEN D. KOEHN, D. MIN., MFT**

Jung evolved his ideas on typology in an attempt to understand and identify the differences in human personalities. His recognition of these diverse forces on the development of the personality of the individual can be critical in our search for wholeness. The Trickster archetype, present in cultures around the world, is driven by a hunger to include that which is excluded. We will explore the way these two dynamics—Typology and the Trickster—interact in individuals, relationships, and the creative process.

ALLEN D. KOEHN, D. MIN., MFT, is a Jungian Analyst in private practice and is a core faculty member of the Pacifica Graduate Institute in California. The former Executive Director of the C.G. Jung Institute of Los Angeles, Dr. Koehn has taught and lectured nationally and internationally on Jungian themes including typology, relationships, and the archetype of the Trickster.

## “Linking Our Preferences With Everyday Life”

RUTH BELTRAN, M.S.

In smaller group, workshop format, we will examine the implications and effects of type preference on time management, communication, parenting, managing/leading, career choice, preferred organization attributes, and teaching/learning styles. We will recognize how our preferences manifest themselves in our daily lives, recognize clues others provide about their “type,” and learn some practices for connecting and communicating with others whose preferences are different than our own.

RUTH E. BELTRAN, M.S., National Board Certified Counselor, is certified to administer the Myers Briggs Type Inventory (MBTI). Ruth is a consultant specializing in assessment-based executive coaching, career development and Counseling, and work-group enhancement programs, and has led workshops and taught courses in “Type Theory” at the C.G. Foundation for Analytical Psychology. She has over twenty years experience as a Fortune 500 line executive, staff Human Resources professional, and consultant to corporate, nonprofit, and individual clients.

## “Separate and Not Equal: Psychological Type and Archetypal Calling”

LENORE THOMSON BENZ, M.Div.

Archetypes that dominate our individual lives are connected to what Jung called complexes. On a collective level, our complexes lead to a pattern capable of linking our perceived strengths and talents to the needs of the community. This is one reason that types who share the same functional preferences can differ, sometimes considerably, in their expression of them; they’ve been called to live out different archetypal roles. Through presentation and workshop exercises, Ms. Benz (who was one of the first to focus on the interface of “Type and Archetype”) will clarify how functional preference differs from “archetypal calling.”

LENORE THOMSON BENTZ, M.Div., is the author of *Personality Type: An Owner's Manual*—a groundbreaking and unique contribution to the field of psychological type. A psychoanalytic editor/ghostwriter for the past thirty years, she has an M.Div. in Psychiatry and Religion from Union Theological Seminary in New York. Formerly managing editor of the Jungian journal, “Quadrant: The Journal of Contemporary Jungian Thought,” Lenore teaches courses on psychological type and popular culture, and leads workshops and seminars on “type and archetype.”

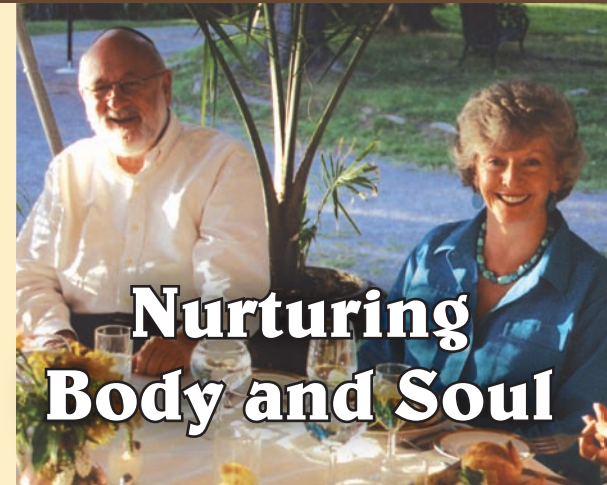
## “Kundalini Yoga—Eastern and Western Archetypal/Typological Perspective”

ASHOK BEDI, M.D.

Yoga is a practice that fuses body, mind and Spirit. In the Indian tradition, Yoga introverts consciousness into the unconscious and creates a change in personality for the psyche. In the West, consciousness has been historically less accessible. Areas of conflict and confluence of Yoga for the Eastern and the Western Psyche will be explored as Dr. Bedi illustrates the basic tenants of Yoga, including its typological rendering. To illustrate the workings of Kundalini Yoga especially, clinical examples will be provided.

ASHOK BEDI, M.D. (Please see bio on page 4)

During the course of both weeks, there will be time to explore the Hudson Valley with its historic sites and spectacular scenery. Additionally, there will be informal evening gatherings in the Salon, festive opening dinners, lunches and barbecues on the magnificent grounds of the Belvedere. Returning to the Belvedere Mansion, a warm, elegant country inn known for its award winning cuisine and located just outside the charming village of Rhinebeck, we look forward to continuing our annual tradition of creating a special and unique experience.



## Nurturing Body and Soul



Conference Site

## THE Belvedere Mansion

A National Historic Landmark, the Belvedere Mansion has a rich and romantic history—dating back to 1761. Situated on 20 acres of beautiful grounds, it was built to dramatize its stunning Hudson Valley setting. Restored in 1993 to reflect its original grandeur, it is an excellent location for exploring the scenic Hudson Valley with its art galleries, vineyards, antique shops, historic mansions, and thousands of acres of hiking land nearby.



Complete with a sunny and elegant conference room, beautiful views, tastefully decorated rooms (all air conditioned), swimming pool, tennis court, and quiet places for walking, resting and contemplation, the Belvedere Mansion will provide the perfect setting for our twelfth annual Jung On The Hudson summer seminar series.

Located less than 90 miles north of New York City, and three miles from the village of Rhinebeck, the Belvedere Mansion is easily accessible by rail, bus or car as well as the three major New York airports; nearby Stewart airport (located in Newburgh, New York) and Albany airport. For those who will be arriving by car, detailed directions will be mailed upon registration. For those who prefer not to drive, transportation to and from the Village of Rhinebeck will be provided each afternoon and evening. Please call us at (845) 256-0191 and we will be happy to be of help with your transportation needs.





Prsrt Std  
U.S. Postage  
PAID  
Putney, VT  
Permit #1

New York Center for Jungian Studies  
27 North Chestnut Street  
New Paltz, NY 12561

14<sup>TH</sup> ANNUAL

On The Hudson

# Jung

SEMINAR SERIES

**Week 1**

**Week 2**

**July 22-27, 2007    July 29-August 3, 2007**

**Special Weekend Workshop**

**Saturday July 28 & Sunday July 29, 2007**